



# International Student Handbook





📍 250, Wuxing St., Taipei, Taiwan 11031  
🌐 <https://oge.tmu.edu.tw/>  
✉ [iss@tmu.edu.tw](mailto:iss@tmu.edu.tw)

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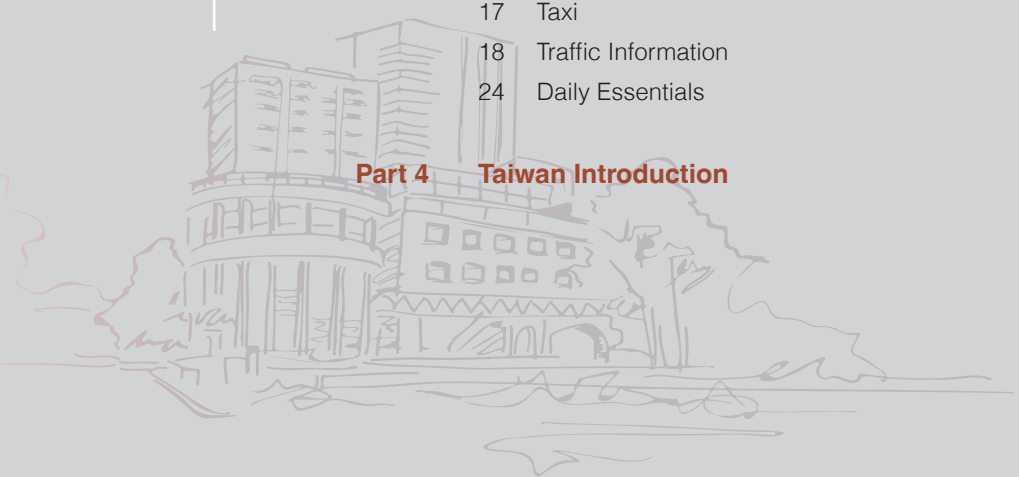
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## **Part 4 Taiwan Introduction**





Part

TMU

Introduction



## About TMU

Taipei Medical University (TMU) has been a leader in Taiwan's healthcare system for more than half a century. Around 6,000 students from over 40 countries are currently enrolled in TMU's 11 colleges. TMU leads in many research areas including translational cancer research, neuroscience and neurosurgery, biomedical devices and tissue engineering, cell therapy and regenerative medicine, and biomedical informatics. As one of the capital city region's largest healthcare systems, TMU's 6 affiliated hospitals – TMU Hospital, Wan Fang Medical Center, and Shuang-Ho Hospital – are all accredited by Joint Commission International (JCI) to guarantee world-class standards and practices, providing ample opportunities for professional skills training and research. TMU's education offers have expanded with the university's commitment contributing to health service worldwide, accommodating interests of students from around the globe to develop area expertise and service their own communities. The permanent appointment of the university's medical teams to assist the Kingdom of Swaziland and the Marshall Islands provides a unique opportunity for service and education, as well as enhancing Taiwan's health diplomacy. TMU's commitment to internationalization has resulted in over 40,000 alumni working to improve healthcare systems in 70 countries. As the university approaches its sixth decade, TMU continues to change and advance in global rankings that have placed it at the front of Taiwan's private universities in medicine and health science.



## Key Research Areas

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**Artificial  
Intelligence  
in Medicine**



**Cell therapy  
&  
Immunotherapy**



**Clinical &  
Translational  
Cancer  
Research**



**Medical  
Device  
Development**



**Neuroscience**



**Thoracic  
Medicine**

## Colleges

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College of Medicine



College of Oral Medicine



College of Pharmacy



College of Nursing



College of Public Health



College of Medical Science & Technology



College of Humanities & Social Sciences



College of Management



College of Biomedical Engineering



College of Nutrition



College of Interdisciplinary Studies

## Affiliated Hospitals



Taipei Medical University Hospital



Wanfang Hospital



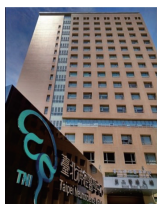
Shuang-Ho Hospital



Ningbo Lihuli Hospital, East

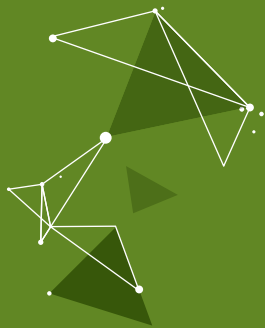


Taipei Cancer Center



Taipei Neuroscience Institute





Part

2

Campus  
Guide



# Main Campus Map

## Building

1. Teaching & Research Building  
Classroom 3001-3201
2. Xing-Chun Building  
Classroom 6201-6204
3. Comprehensive Medical Building (Front Building)  
Classroom 8001 – 8007, Library, Food court
4. Comprehensive Medical Building (Rear Building)
5. Oral Medicine Building
6. Teaching Building  
Classroom 2101-2304
7. Medical Laboratory Science and Biotechnology Building
8. Morphology Building
9. Gymnasium
10. Mu-Shan Dormitory
11. Building No. 1, Taipei Medical University Hospital
12. Building No. 2, Taipei Medical University Hospital
13. Building No. 3, Taipei Medical University Hospital
14. Dream-Way Building



## Major Administrative Offices

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### 1. Office of Global Engagement

Location: 4F, Comprehensive Medical Building (Front Building)

Website: <http://oge.tmu.edu.tw/>



### 2. Office of Academic Affairs

Location: 4F, Comprehensive Medical Building (Rear Building)

Website: <http://aca.tmu.edu.tw/main.php> (Chinese site)



### 3. Office of Student Affairs

Location: 3F, Comprehensive Medical Building (Front Building)

Website: <http://osa.tmu.edu.tw/bin/home.php> (Chinese site)



### 4. Office of Information Technology

Location: 16F, TMU Daan Campus

Website: <http://oit.tmu.edu.tw/> (Chinese site)

### 5. Office of General Affairs

Location: 1F, Comprehensive Medical Building (Rear Building)

Website: <http://ga.tmu.edu.tw/> (Chinese site)



## TMU Prayer Room Location

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1. B1, Comprehensive Medical Building (Rear Building)

2. 7F, Comprehensive Medical Building (Rear Building)

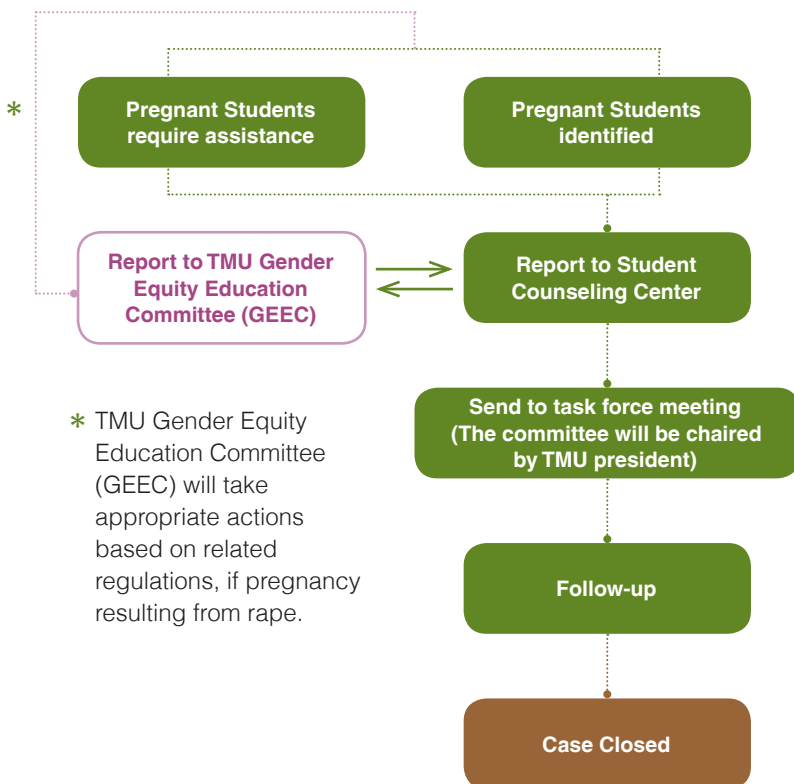
3. 10F, Teaching & Research Building

# Supports for Pregnant Student

Pregnant students may require further assistance to protect the rights to receive education and necessary assistance.

Contact	Anita Hung (Student Counseling Center) 3F, Comprehensive Medical Building (Front Building)
Contact Info.	886-2-2736 1661 ext. 2231 E-mail: anitacello@tmu.edu.tw

## Procedure for Student Pregnancy Assistance



- According to “Taiwan’ s Act of Gender Equality in employment” Article 18, for employees who need to personally feed their babies less than two years old, or need to collect breast milk, their employers shall provide them with the time for feeding or breast milk collection sixty minutes a day. This is in addition to the regular rest period(s).

For employees who work overtime in excess of 1 hour of daily normal work hours, their employers shall provide them an additional thirty minutes for feeding or breast milk collection.

The time for feeding or breast milk collection referred to in the preceding paragraphs shall be deemed as working time.

- According to “Taiwan’ s Act of Breast Feeding in the Public Place” Article 4, when women breastfeed in the public, no one is allowed to forbid them, send them away, or interrupt them. Violations will lead to a fine between NT\$ 6,000 and NT\$ 30,000.

## Breastfeeding Support

Location	Main Campus Breastfeeding Room 1F, Gymnasium	Daan Campus Breastfeeding Room 12F, Daan Campus
<b>Opening Hour I</b>	<b>Mon-Fri 9:00 – 17:00</b>	
Contact	Health Section, 1F, Gymnasium	17F, General Affairs Office
Phone	886-2-2736 1661 ext.2250-1	886-2-6638 2736 ext.2201 ※ If there is no answer, please contact building management office on B2 (ext. 1090)
<b>Opening Hour II</b>	<b>Non-working hours and holidays</b>	
Contact	Main Campus Security Office	Daan Campus Guard Desk
Phone	886-2-2736 1661 ext.2905	886-2-6638 2736 ext.1096

**Please follow the rule to maintain a comfortable breastfeeding environment**

## TMU Housing

TMU provides several dormitory options, which includes on-campus Mushan dorm and 4 off-campus international student dormitories.

### **[ International Student Dormitory ( shared apartment ) ]**

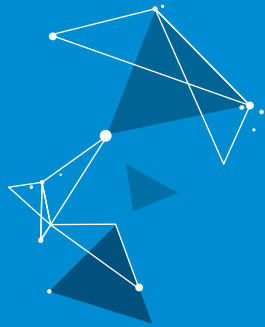
Dorm A is reserved for men; Dorm C, Dorm F and Dorm G are reserved for women. All are located near the TMU campus. The facilities and equipment include bathrooms, mattresses, desks, chairs, wardrobes, AC, Wi-Fi, and hot water. A assistant dorm manager can assist tenant needs in each dormitory.

### **[ Mushan Dormitory ]**

For more housing information, please refer to Office of Student Affairs.



For additional information, please refer to:  
<http://oge.tmu.edu.tw/degree-students/housing/>



3

Part

# General Information



# General Information

## Geography

**Population:** 23,452,387

**Area:** 36,192.8155 km<sup>2</sup>

**Language:** Mandarin, Taiwanese dialect

## Others

- Drives on right
- International calling code +886
- Electricity 110 volt
- Wall socket shown as picture
- Tap water isn't drinkable, boiled or bottled water is recommended.



## Climate

**Type:**

Tropical monsoon

**Raining season:**

May – Early June (mold rain)

July – September (typhoon)

December – February (monsoon, in Northern Taiwan including Taipei)

**Average Temperature:**

Summer

29 – 30°C / 84.2 – 86°F

Winter

15 – 16°C / 59 - 60.8°F, can drop to 10°C / 50°F

# Currency Exchange & Price Estimation of Daily Goods



Tissue paper pack  
NT\$ 90 ~ 160  
= USD 0.2825 ~ 0.52



Shampoo  
NT\$ 120 ~ 250  
= USD 3.9 ~ 8.125



Bottled water 600mL  
NT\$ 12 ~ 20  
= USD 0.039 ~ 0.65



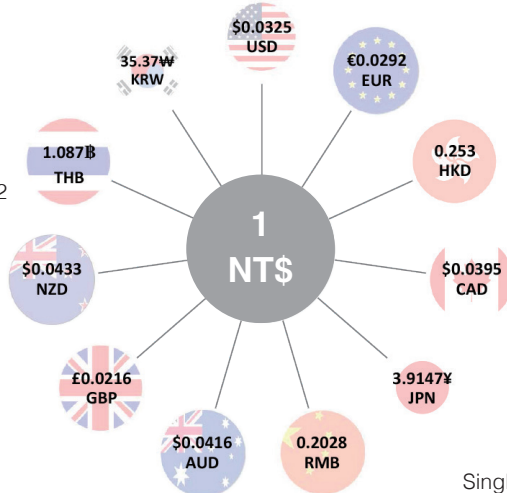
Bubble tea  
NT\$ 25 ~ 60  
= USD 0.8125 ~ 1.95



A meal box  
NT\$ 60 ~ 110  
= USD 1.95 ~ 3.575



Single metro/ bus ride  
NT\$ 15 ~ 50  
= USD 0.065 ~ 0.1625





## Application Information for Alien Resident Certificate (ARC)

Foreigners holding resident visa or changing to resident visa should go to local immigration service center to apply for alien resident certificates within **15 days** counted from the next day of arrival or the next day of receiving resident visa in Taiwan.

More information on ARC application or extension can be found at <https://www.immigration.gov.tw/5475/5478/141465/141808/141970/>



## How to Get to TMU

Departure	Destination	Transportation	Route
Taiwan Taoyuan International Airport	TMU main campus	1.Taxi	Taxis operating by shifts are located at the west side of the Terminal 1's and Terminal 2's Arrivals Lobby at the Taiwan Taoyuan International Airport. For more information, please refer to <a href="https://www.taoyuan-airport.com/english/taxi">https://www.taoyuan-airport.com/english/taxi</a>
		2.Taoyuan Airport Metro → Taipei Metro	Take Taoyuan Airport MRT to Taipei Main Station (A1), and transfer to Taipei Metro Tamsui-Xinyi Line (Red Line) to Taipei 101/ World Trade Center station (R03). For more information on Taoyuan Airport MRT, please see <a href="https://www.taoyuan-airport.com/english/taoyuan_metro">https://www.taoyuan-airport.com/english/taoyuan_metro</a>
		3.CitiAir Bus 1960 → TMU free shuttle bus	Take CitiAir Bus 1960 at Terminal 1 or 2 at Taoyuan International Airport, and get off at MRT Taipei City Hall Station / City Hall Bus Station, then take TMU free shuttle bus (Taipei City Hall line). For TMU shuttle bus schedule, please refer to page 19.

## Chunghwa Post

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### Mailing Service

Please paste on NT\$13 stamp on a postcard and drop it into the red mailbox.

For more information on international postage rate:  
[https://www.post.gov.tw/post/internet/U\\_english/index.jsp?ID=2402](https://www.post.gov.tw/post/internet/U_english/index.jsp?ID=2402)



### Banking Service

The post office system in Taiwan provides banking services as well. Applicant should present a valid residency permit and passport. Applicants without a valid permit are required to present a "Record of ID Number in the Republic of China. "

More information can be inquired at [http://www.post.gov.tw/post/internet/U\\_english/index.jsp?ID=24030101](http://www.post.gov.tw/post/internet/U_english/index.jsp?ID=24030101) Inquiry hotline: 02-2388-9393 and 0800-024-111

## National Health Insurance

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Foreign nationals who are legal residents of Taiwan should enroll in the National Health Insurance program upon living in Taiwan for 6 months of continuous residence in Taiwan. Foreign students can apply to enroll in the program through their school.

For more information on enrollment:  
[https://www.nhi.gov.tw/english/Content\\_List.aspx?n=C88B41A4EAB5E692&topn=778856C209BCE527](https://www.nhi.gov.tw/english/Content_List.aspx?n=C88B41A4EAB5E692&topn=778856C209BCE527)

## Mobile Services

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Main network service providers in Taiwan include:

- **Chunghwa Telecom** <https://www.cht.com.tw/en/home/cht>
- **Far Eastone** [https://www.fetnet.net/cs/Satellite/eCorporate/ecoPD1\\_1\\_1](https://www.fetnet.net/cs/Satellite/eCorporate/ecoPD1_1_1)
- **Taiwan Mobile** <https://english.taiwanmobile.com/>
- **Asia Pacific Telecom** <http://ir.aptg.com.tw/en/index.htm>
- **T Star** <https://www.tstartel.com/static/twcard/en/index.htm>

## Emergency Numbers

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Universal Emergency Number **112**

\*Call when network service is unavailable

Fire or Emergency Aid **119**

Police Office **110**

Phone Number Lookup **104**

## Taxi

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Woman Association Taxi

**886-2-2766 2222**

Fanya Taxi

**886-2-8501 1122**

Taiwan Taxi

**55688**

M Taxi

**55178**

# Traffic Information



**FREE**



## TMUH Shuttle Bus Schedule (Free)

Free shuttle buses to major MRT stations from TMUH can be found with information on route and timetable at

<https://english.tmuh.org.tw/Home/Directions>



### City Hall MRT Route



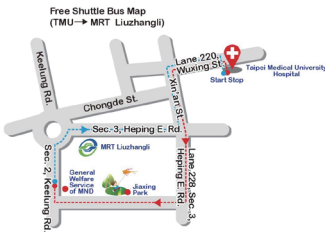
HOURS :

Mon – Fri : 7:00 AM - 9:30 PM

Sat : 7:00 AM - 4:00 PM

Sun & Holidays : No shuttle

### Liuzhangli MRT Route



HOURS :

Mon – Fri : 8:00 AM - 8:30 PM

Sat : 8:00 AM - 4:00 PM

Sun & Holidays : No shuttle

### Songshan MRT Route



HOURS :

Mon – Fri : 8:20 AM - 8:25 PM

Sat : 8:00 AM - 3:40 PM

Sun & Holidays : No shuttle

## TMU Shuttle Bus Schedule (Free)

### TMU Main Campus ↔ Daan Campus

Monday — Friday				Saturday	
TMU	Daan Campus	TMU	Daan Campus	TMU	Daan Campus
07:30	07:40	13:35	13:45	07:30	07:40
07:45	07:55	13:55	14:05	07:40	07:50
08:00	08:10	14:15	14:25	07:50	08:00
08:15	08:25	14:35	14:45	08:00	08:10
08:30	08:40	14:55	15:05	08:10	08:20
08:45	08:55	15:15	15:25	08:20	08:30
09:00	09:10	15:35	15:45	08:30	08:40
09:20	09:30	15:55	16:05	08:50	09:00
09:40	09:50	16:15	16:25	09:10	09:20
10:00	10:10	16:35	16:45	09:30	09:40
10:20	10:30	16:55	17:05	09:50	10:00
10:40	10:50	17:15	17:25	10:10	10:20
11:00	11:10	17:35	17:45	10:30	10:40
11:20	11:30	17:55	18:05	10:50	11:00
11:35	11:45	18:15	18:25	11:10	11:20
11:50	12:00	18:35	18:45	11:30	11:40
12:05	12:15	18:55	19:05	11:40	11:50
12:20	12:30	19:15	19:25	11:50	12:00
12:35	12:45	19:35	19:35	12:00	12:10
12:55	13:05	19:55	20:05		
13:15	13:25				

### TMU Main Campus ↔ U-TOWN, Xizhi

Monday-Friday	
TMU	U-TOWN
09:00	09:20-09:40
11:00	11:20-11:40
13:00	13:20-13:40
15:00	15:20-15:40

## Transportation Around TMU Main Campus



### Bus

This is the list of bus lines you may find at the bus stop that serves Taipei Medical University on Zhuang Jing Rd.

Bus Line	Origin	Destination	Bus Route
1	Wanhua	Songren Road	TMU → George Vocational High School(TMU Da' an Campus) → MRT Liuzhangli Station(BR07) → MRT Gongguan Station(G07) → MRT Taipower Building Station(G08) → MRT Guting Station(G09/O05) → MRT Longshan Temple Station(BL10)
22	Wuxing Street	Hengyang Road	TMU → MRT Xinyi Anhe Station(R04) → MRT Daan Station(R05/BR09) → MRT Daan Park Station(R06) → MRT Dongmen Station(R07/O06) → Taipei Main Station
33	Yongchun Senior High School	Miramar	TMU → MRT Xinyi Anhe Station(R04) → MRT Zhongxiao Dunhua(BL16) → Nanjing & Dunhua Intersection (Taipei Arena) → MRT Dazhi Station(BR14) → MRT Jiannan Rd. Station(BR15) → Miramar(Miramar Ferris wheel)
37	Songde Stop	MRT NTU Hospital Station	TMU → Sun Yat-Sen Memorial Hall → MRT National Taiwan University Hospital Station(R09) → Taipei Main Station
226	Sanchong	Wuxing Street	TMU → MRT Xinyi Anhe Station(R04) → MRT Daan Station(R05/BR09) → MRT Zhongxiao Xinsheng Station(BL14/O07) → Guang Hua Digital Plaza → MRT Songjiang Nanjing Station(G15/O08) → MRT Xingtian Temple Station(O09) → MRT Zhongshan Elementary School Station(O10) → MRT Mincun West Rd. Station(O11/R13) → MRT Sanchong Elementary School Station(O50)
Chengde Metro Bus (266)	Xinbeitou	MRT Taipei City Hall Station	TMU → Sun Yat-Sen Memorial Hall → MRT Sun Yat-Sen Memorial Hall Station(BL17) → Nanjing & Dunhua Intersection (Taipei Arena) → MRT Nanjing Fuxing Station(G16/BR11) → MRT Songjiang Nanjing Station(G15/O08) → MRT Zhongshan Station(G14/R11) → MRT Jiantan Station(R15) → MRT Zhishan Station(R17)
288(Sub)	Taipei Children's Amusement Park	Wuxing Street	TMU → Sun Yat-Sen Memorial Hall → MRT Sun Yat-Sen Memorial Hall Station(BL17) → Nanjing & Dunhua Intersection (Taipei Arena) → MRT Nanjing Fuxing Station(G16/BR11) → MRT Songjiang Nanjing Station(G15/O08) → MRT Zhongshan Station(G14/R11) → MRT Daqiaotou Station(O12) → Taipei Children's Amusement Park
Blue 5	Wuxing Street	MRT Taipei City Hall Station	TMU → Taipei 101 → Taipei City Hall → MRT Taipei City Hall Station(BL18)
Citizen MiniBus M7	Linguang New Village	MRT Taipei City Hall Station	Taipei City Hall → MRT Taipei City Hall Station(BL18) → Taipei 101 → Taipei Medical University Hospital



Ubike is a new lifestyle in Taipei. You can rent a bike with "Easycard" and return it to the nearest rental station.

The map shows Ubike rental & return places near TMU. Check if your destination provides Ubike renting and parking services at <http://taipei.youbike.com.tw/en/f11.php>



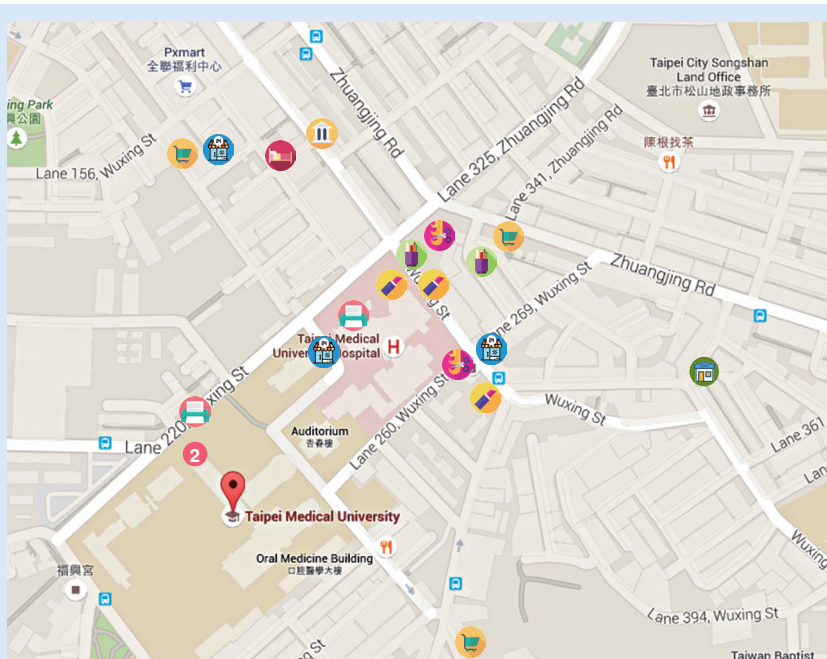


# Mass Rapid Transit, MRT

In Taipei, the MRT is the most convenient transportation, which provides access to many tourist attractions without worries about traffic delays. Below is the map of Taipei MRT lines.



# Daily Essentials



Supermarkets



Books & Stationery



Copies & Printing



Hair Salons



Cosmetics



Banks



Post Office



Convenient store

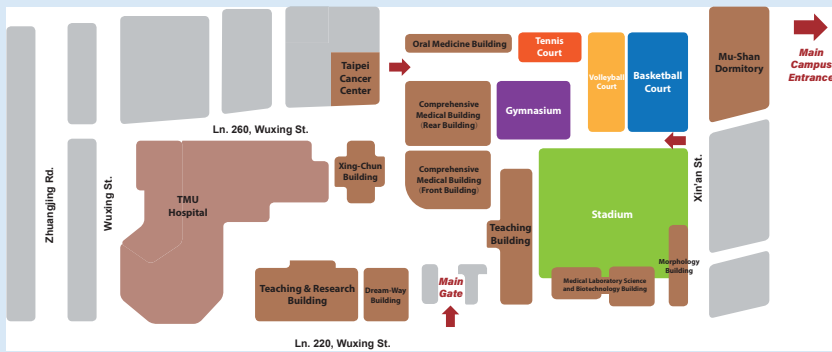


Bedding store

More information can be inquired at Life at TMU  
<https://oge.tmu.edu.tw/life-at-tmu/>

## Places for Sport & Exercise

### TMU Main Campus



### WuXing Elementary School

Address: No. 226, Songren Rd, Xinyi District, Taipei City, 110

### Xinyi Elementary School

Address: No. 60, Songqin St, Xinyi District, Taipei City, 110

### Taipei Xinyi Sports Center

Address: No. 100, Songqin St, Xinyi District, Taipei City, 110

Opening Hours: 6 A.M. ~ 10 P.M.

Phone Number: 886-2-8786 1191



Part

4

Taiwan  
Introduction



# Exploring the Amazing Taiwan

The most beautiful scenery in Taiwan is the kindness of our people

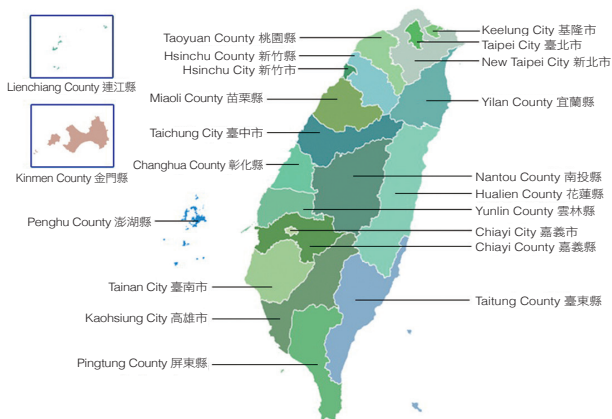
## Geography&Climate

### Holding the Best Position

Taiwan, officially the Republic of China, is about the size of 36,000 square kilometers (14,400 square miles), and the population is around 23 million indicating high density. It is shaped like a sweet potato that is narrow at both ends. It lies off the southeastern coast of China, across the Taiwan Strait, and plays a dominant role while sailing towards the Pacific Ocean. To the north is Japan and to the south lies the Philippines. The uniqueness of the position provides lots of endemic species with a wonderful territory.

### Perceiving Tropical Sunshine

Taiwan enjoys warm weather all year round. Weather conditions fluctuate during spring and winter, while in summer and autumn the weather is relatively stable. Taiwan is extremely suitable for traveling, as the annual average temperature is a comfortable 22 degrees Celsius with the lowest temperatures in the lowlands generally ranging from 12 to 17 degrees Celsius (54-63 Fahrenheit). With the exception of a few mountain areas, no snow can be seen in Taiwan. When visiting Taiwan during the "plum rains" season of daily downpours, remember to carry an umbrella. Although it might seem romantic to have a stroll in the rain, it is mood-ruining to travel when you're soaking wet. During the summer (June to August), typhoons sometimes hit the country.



We suggest you to keep an eye on weather reports because weather conditions are often unpredictable, especially when typhoons hit Taiwan. In addition, the roaring waves along the coast are not to be regarded as one of Taiwan's tourist scenes. During autumn (September to October), you can enjoy the cool and comfortable weather, while Taiwan's winters are relatively warm and short (November to February). The sporadic cold fronts that reach Taiwan are greatly welcomed by the island's hot-spring lovers. In short, Taiwan, where it always seems to be spring, is a perfect travel destination!

## History

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### **Multicultural x Multiracial x Multilingual = Beauty of Taiwan**

The first time Taiwan was recognized during 16th century when the Portugueses sailed by, as soon as they took a glance this emerald-green island, they blurted out: "Formosa!", which means gorgeous in Portuguese. Half of the 17th Century, the Dutch and the Spanish occupied Taiwan and the former established a presence at Anping (in modern-day Tainan city) while the latter held Tamsui and built Fort San Domingo, a renowned historical site. Not only conducting missionary activities, but in severe competition for commercial trade, during this period, the Europeans casted greedy eyes on Taiwanese natural resources and fertility. They also recruited Han Chinese immigrants from the Chinacoast, leading to the multicultural history of Taiwan. The short-lived Cheng (Koxinga) regime overthrew the Dutch and laid the firm foundation of Han culture in Taiwan. In the late 19th century, further imperialism touched the shores of Taiwan. Japan

invaded Taiwan and Taiwan remained under Japanese rule for 50 years. During that time Taiwan began to modernize, for the Japanese introducing novel weapon, agricultural technology and sanitary system. Taiwan was released from being colony after Japan lost the World War. Economy in Taiwan experienced rapid growth and industrialization, the economic miracle, and the island embarked on a direct vote for the president, showing the mature of Taiwanese political democratization. Today, Taiwan is proud of its excellent infrastructure, convenient transportation system, and high-quality communication services by virtue of the perseverance and resilient efforts of its people.

## Religion

For the most part, the traditional religions practiced in Taiwan are Buddhism, Taoism, and folk religions. Except for a small number of purely Buddhist temples, however, most of the island's traditional places of worship combine all three traditions. Confucianism is another important aspect of religion in Taiwan.

## Language

The official language in Taiwan is Mandarin Chinese but because many Taiwanese are of southern Fujian descent, Hokkienese (Minnanyu, which is known as Taiwanese by locals) is widely spoken, especially in the southern part of Taiwan. Other groups including Hakka Chinese and indigenous tribes have also preserved their languages. Many elderly people can also speak some Japanese, for they were under Japanese occupation before 1945.

The most popular foreign language in Taiwan is English, which is part of the regular school curriculum. However, for your own convenience, when taking a taxi in Taiwan, it is advisable to prepare a note with your destination written in Chinese to show the taxi driver.

## Festivals and Events (In chronological order of a year)

### Chinese New Year

**The BEST thing ever !**

Chinese New Year is the biggest traditional and most meaningful festival, which lasts for about a week. There are different customs on each day of the week, and one of the most significant is New Year's Eve dinner. It's a happy reunion time for all family members, and there are some must-eat special dishes. For example, fish represent harvest and "prosperity through the year"; rice cakes mean to encourage advancement in the coming year. After enjoying the feast, people will stay up all night to welcome the beginning of New Year.





On the first day of New Year, people wear new clothes and give New Year's greetings. We say "Gong Xi Fa Tsai", as saying "congratulations and wealth". Children receive red envelopes with cash from their elder relatives, which means receiving bless. We also worship ancestors and gods today to express thankfulness.

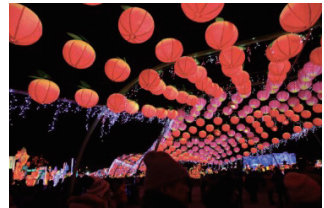
There are various interesting customs of Chinese New Year to celebrate and to pray for the upcoming promising year. One can experience the abundance of Chinese culture in it.

## Lantern Festival **Light, warm & reunion**

The Lantern Festival is on the fifteenth day of the first month. The first month in lunar calendar is called "Yuan Yue" In Chinese. Lanterns represents hope and peace, and in honor of gods. We go on streets carrying paper lanterns with various sizes and shapes, watching the lantern fair, and competing to solve the riddles on the lanterns of temples for prizes.

People eat "Tang Yuan"(glutinous rice ball), as a symbol of harmony, happiness and reunion of their family.

In Ping-xi, special events for the Lantern Festival are held. There is a grand Sky Lantern festival. People write down their wishes on the sky-lanterns and release them into the sky. When thousands of sky-lanterns fly in the sky, it is be an unforgettable breath-taking scene.



While in Tainan the Yan-shui Beehive fireworks is really famous. Legend has it that being attack by firerockets can get rid of bad luck. Firerockets are just like angry bees, explode everywhere, and people enjoy the thrilling feeling a lot. It was even once chosen as one of the global top ten popular festivals.



## Dragon Boat Festival



Legend has it that once upon a time in ancient China, there was a man loyal to his own country called Qu Yuan. However, he was maliciously accused of treason by other courtiers and the king sentenced him to deportation. During days of exile, Qu Yuan composed series of

great poems, expressing his indignation. On May fifth of the lunar calendar, he committed suicide by drowning himself in the Miluo River out of desperation. For saving Qu Yuan, local people rushed to row boats, and at the same time threw balls of sticky rice into the river so that the fish wouldn't eat Qu Yuan's body. These actions evolved into the tradition of dragon boat races and eating zhong-zi (glutinous rice dumpling) on May fifth of the lunar calendar. And in memory of Qu Yuan, it's also called "Poets Day."

During Dragon Boat Festival, everyone takes a day off in Taiwan and dragon boat races are held nationwide. Multiple activities are practiced such as eating zhong-zi, wearing sachets, hanging fragrant herbs like mugworts and calami on the door to drive evil spirits away and egg standing at high noon.



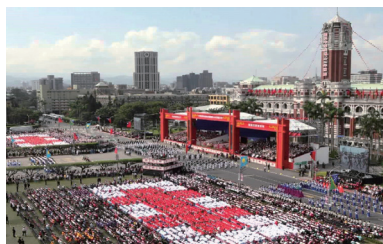
## Mid-Autumn Festival

The Mid-Autumn Festival, also called the Moon Festival, is the holiday with the most romantic atmosphere. Because this holiday occurs during the autumn, when the harvest season is over, people in earlier days chose this day to make offerings and thank the gods for the bountiful harvest. The celebration has become a time for families to get together. The most notable myth concerning this festival is that Chang-e flying to the moon after secretly drinking her husband's elixir of life. Aside from this, there are also tales of the Jade Rabbit and of "Wu Gang chopping down the cassia tree." Because most of the activities held on this holiday are related to the moon, it has come to be known as "Moon Day." Important activities at this time include eating moon cakes, which symbolize unity and camaraderie; strolling under the full moon; and eating pomelos, since the Chinese term for pomelo sounds like "care and protection." Originating in Taiwan, the new custom of barbecuing has been gaining popularity in recent years.

## Teacher's Day. **Appreciation**

September 28th is the birthday of the most influential person in Chinese culture. It's Confucius birthday. As the first and greatest teacher, we now celebrate his birthday to show our gratitude towards the teachers and professors. Also, some local rituals worship the Confucius on that day.

## National Day



The national day of the Republic of China is also called The Double Tenth day in Taiwan. It stands the start of the Wuchang Uprising of October 10, 1911, which leads to the collapse of the Qing Dynasty and establishment of the Republic of China on January 1, 1912. Every year, there is a series of performance held in front of the presidential palace. The military parade is the must-see celebration ceremony and we marvel at their tidy pace. In the evening, the fireworks featured of Double Tenth day is marvelous and represent the end of the national day.

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