

#### 4th Brave!

Resilience in the Face of Adversity: Building Strength and Coping Skills for Adolescent Mental Health

4th Brave! is annual week program that support Sustainable Development Goals (SDGs). It offer Interesting Activities such as:

- Culture Exchange
- Medical Adventure
- Discovery Lab Fun Exploration of Science
- International Seminar: Mental Health Among Adolescents
- Exploring Bromo Mountain
- Community Service

Arrival: 25 August 2024

Departure: 01

Sept 2024

Universitas Nahdlatul Ulama Surabaya Campus B. Jl. Raya Jemursari 51 - 57 Surabaya

#### Registration Fee: USD 180 (Partner), USD 210 (Non-Partner)

Fee Includes Airport Pick Up, Hotel for 7 Days, Local Transportation (during program), Lunch each day, Snacks, Bromo Trip



https://unusa.id/4thBraveprogram

Further information, visit our website at:

genus.unusa.ac.id



Contact Person (WhatsApp)

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# Daily Schedule 4th Brave! Program August 25th - September 1st, 2024

Day, Date	Time	Activity
Sunday, August 25th, 2024	07.00 AM – 08.00 PM	Arrival
Monday, August 26th, 2024	07.00 AM – 07.15 AM	Pick up at hotel
	07.15 AM – 08.00 AM	Breakfast
	08.00 AM - 08.30 AM	Travel to Campus B
	08.30 AM – 09.00 AM	Registration
	09.00 AM – 12.00 AM	International Seminar
	12.00 AM - 01.30 PM	Break & Lunch
	01.30 PM - 03.00 PM	Discovery Laboratory
	03.00 PM - 03.30 PM	Back to Hotel
Tuesday, August 27th, 2024	06.30 AM – 06.45 AM	Pick up at hotel
	06.45 AM - 07.05 AM	Breakfast
	07.05 AM - 07.30 AM	Check out
	07.30 AM - 09.00 AM	Going to Islamic Boarding School
	09.00 AM – 12.00 AM	Introduction to Islamic Boarding School
	12.00 AM - 01.00 PM	Break and Lunch
	01.00 PM - 03.00 PM	Learning Indonesian Traditional Dance
Wednesday, August 28th, 2024	07.00 AM - 08.00 AM	Breakfast
	08.00 AM - 11.00 AM	Exploring in Nature
	11.00 AM - 01.00 PM	Break and Lunch
	01.00 PM - 03.00 PM	Entrepreneurship Activity
	03.00 PM - 04.00 PM	Break and Check Out
	04.00 PM - 05.30 PM	Going back to Surabaya
	05.30 PM - 06.00 PM	Check in Hotel







## Daily Schedule 4th Brave! Program August 25th - September 1st, 2024

Hari, Tanggal	Waktu	Jenis Kegiatan
Thursday, August 29th, 2024	07.00 AM - 07.30 AM	Pick up at hotel
	07.30 AM - 08.30 AM	Breakfast
	08.30 AM - 09.00 AM	Travel to Campus B
	09.00 AM – 12.00 AM	Medical Adventure
	12.00 AM - 01.00 PM	Break and Lunch
	01.00 PM - 03.00 PM	Learning Indonesian Traditional Music
	03.00 PM - 03.30 PM	Back to Hotel
Friday, August 30th, 2024	07.00 AM – 07.15 AM	Pick up at hotel
	07.15 AM - 07.45 AM	Breakfast
	07.45 AM - 08.00 AM	Travel to Campus B
	08.00 AM – 10.00 AM	Playing Indonesian Games
	10.00 AM – 11.00 AM	Closing
	11.00 AM - 01.00 PM	Break and Lunch
	01.00 PM - 01.30 PM	Back to Hotel
	01.30 PM - 10.00 PM	Break
	10.00 PM - 04.00 AM	Going to Bromo
Saturday, August 31st, 2024	04.00 AM - 10.00 AM	Enjoying Bromo Mountain
	10.00 AM - 02.00 PM	Back to Hotel
Sunday, September 1st, 2024	08.00 AM - 04.00 PM	Departure







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### Program Payment 4th Brave! Program

August 25th - September 1st, 2024

Payment cannot be made not later than July 26th, 2024 to the account stated below:

Bank Name	: Bank Syariah Indonesia
Account Number	:7253811093
Account Holder Name	: GENUS UNUSA
Swift Code	: BSMDIDJAXXX
Reference	: 4th Brave Program

**Cancellation Policies** 

Any cancellation must be informed not later than July 30th, 2024.

Via email: genus@unusa.ac.id







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